



Spiritually Rich

building a business to help others by sharing your inner-wealth

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A Call to Serve

Many of us have reached a point in our lives where we know it is time to make a change. It may begin with a subtle prompting that something just isn't right. We feel we want to do more, to give more, and to help others. We have received a call to serve.

Three years ago, I knew it was time. I had a prompting to start a business to help others—but I didn't quite know how or what I was going to do. This was very scary to go through! I tried to ignore the prompting, and as a friend of mine recently said, "danced around it like a Mexican sombrero". But the prompting came from a higher place, and it was far too BIG to be ignored. I knew, just as I'm sure you have experienced that I was coming into a place of fulfilling my mission. This was big, and confusing, and spiritual. To be quite honest, it pretty much scared the crap out of me!

I knew I couldn't keep going on with taking meaningless jobs and spending my time on activities that didn't change people's lives. I had been down that road and realized that while my life was busy, it wasn't fulfilled. What I want to share with you in this eBook are some tips that I have learned along the new path I've chosen.

I have done my best to compile the information below and to offer guidance, inspiration, and resources to you in these turbulent times. I know you can do your dream and it is my intention to support you in the process of you becoming your true and authentic self. I want to show you that you *can* have everything you want, and you *can* help others while making a living in this abundant universe. It is my intention to guide you through the process and act as a lighthouse in those dark and stormy nights that may lie ahead of you. This is not the easiest journey you will undertake; but the outcome is what you have always desired... a life that is *Spiritually Rich*.

The Art of Service

There is an art to serving others. What do I mean by this? Well, to start, it is a balancing act. Helping others and still serving our own needs is a very trying challenge. It is like having a marriage with the whole world. We are being called to serve others and help a portion of society in some way. We know we need to help. There is a need, we have a calling, and we see an opportunity to assist others in their process through one form or another.



We have also been called to be a leader. As you know, leading is much different than following. It requires strong discipline, organization, and self-mastery. Just deciding to go down this path is a huge challenge that should be recognized. Take a moment to breathe in your essence and acknowledge your own bravery for facing this challenge. It is not all who find themselves on this path, and for those that do, it is commendable. I understand if this feels scary for you but the goal is to try to learn each day how to move through your fear and into your strengths.

Serving through business is also a huge challenge. I joke with my clients that behind every business owner is someone slowly going insane. I see the amount of responsibility that my clients carry. I feel it in my own business. This form of stress is not something that goes away after the workday is over. Truth be told, is the workday *ever really over?* If you have chosen this path, it is likely that you are consumed by the topic of your profession and there really is no time off from your calling. The ability to manage this ongoing level of responsibility and risk is an art form.

In addition to leading, we need to grow our businesses. We are now in a situation where we are responsible for delivering our message. We have a fiscal responsibility which increases as we take on more help. We need help. We are trying to balance a projected income that is ever fluctuating with an economy that is ever daunting. We are trying to save money, make money, and save face all at the same time. And at the core of all our beliefs, we know we need to do this. There is a bigger picture. There is a greater purpose.

Information Nation

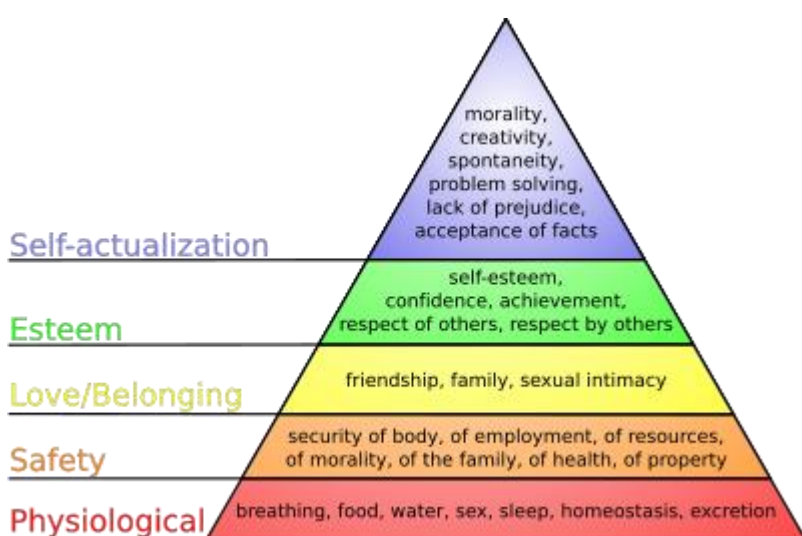
Sometimes we are overwhelmed by information. With so much information out there, where do you focus? How can we even understand how to do everything that we need to do in the time we have to do it?

As a society, we have moved through stages of evolution like the stages of Maslow's Hierarchy of Needs. First, came the basic hunter and gatherer. We search for our basic needs and find them in various locations, following the seasons and the hunt. Next, we assimilated towards safety and more towards predictability. The agrarian culture began to produce crops and settlements began to form. The emergence of small colonies began and fulfilled the love and belonging that was needed. With



settlement, resources became a focus and modernization and ingenuity was necessary for cultures to stay in one area. Food, water, and goods and services became a part of society. The industrial revolution was born. Mass production, assembly lines, and efficiencies were in full force. In order to move from production of one to production of many, fuel and raw materials became a necessary. The American Dream was formed and based on security and belongings. We aspired towards goods, services, and increasing our self-esteem and self-worth by attempting to control our environment and perfect our belongings. We began to take for granted that we have our basic needs covered and instead focused outside ourselves for recognition. Many of us have

been through this evolution and are now saying, "This isn't IT; I want more!"



But, the *more* isn't more stuff, what we are actually looking for is Self-Actualization. It is realizing the perfection that already exists within us. It is finding a way to share our gifts with others and help this world move forward. We have made an

agreement to help advance our society, as well as ourselves. We are now in the Information Age. Many of our basic needs are covered, we have more than enough stuff, and we have outsourced the bulk of our products to countries overseas. What could possibly be next? What I have found is that what people want now more than ever is information. We have tried to figure this all out on our own and are not arriving to any new conclusions. What we are all seeking is the Awakened Age.

What we want, beyond Self-Actualization, is to wake up to ourselves. We want to include our spiritual sense into our daily lives. We want to be Spiritually Rich. We want to share information with others and help them do the same. But how do we adjoin our seemingly separate professional lives with our spiritual lives?



Spirituality and Professionalism

Having grown up with words like "New-Age" and "Hippie" in our vocabulary, we do not want to be confused with a flighty or drug-addicted part of society. Coming out as a spiritual professional is therefore very difficult for most people. We have the background and the training required to fulfill our clients' needs and concerns, but we also have a deeply rooted connection to our own guidance and intuition. We may feel things more deeply, or be more connected with our clientele than a typical business. I take my business very personally. Do you find yourself taking your business very personally?

The reason why you take your business so personally is because it is a part of *who you are*. Especially if you consider yourself a person that is in business to help enlighten others, you will be very interested in the outcome of your work! It becomes even more difficult to separate self from business when your business is an extension of your Self-Actualization process. It is for this reason that I highly encourage you to follow your instincts when it comes to selecting clients, taking on partnerships, and even hiring employees. If the people you surround yourself with are not interested in a blended approach to doing business and do not appreciate your ability to 'tap-in' to your guidance, they are not a good fit for you.

When you determine to blend these approaches in your business, there is no right or wrong way of going about it. I have had some clients explain, "I don't want to be one of those people that advertise that I am spiritual to capitalize on a trend." This is very understandable. What I recommend is for you to just be yourself. This is, after all, a process of you giving yourself permission to *express all that you are*; and you are thereby giving your clients, associates, and others permission to fully become themselves, as well.

Where You Came From

"We are not human beings having a spiritual experience. We are spiritual beings having a human experience."

-Teihard de Chardin



Many books I have read have pointed to this fact. I think this is why the human experience seems so difficult, and yet all of the leaders tell us it does not have to be this way. I will be the first to admit that many of my experiences have *felt* difficult. But, if I am honest with myself, I can confess that those times, I was fighting against what was happening in my life. I could not fully understand *WHY* something was happening or *WHAT* was going on. I desperately tried to 'fix' my situation, or tried to solve for an equation to 'make it work'.

One of the most difficult things that we can do is to accept our current situation. Our entire upbringing has been based upon improvement. We must get better grades, advance our bodies and strength, and be more and more attractive. We learn to fight for approval and recognition—which can only be obtained by continual and fruitless attempts at giving more than we have. We are also burdened by the belief that we need to obtain more than we have, creating an ever present feeling of lack, inadequacy, and stress.

We are not taught acceptance.

The very meaning of acceptance is to receive. This is a very interesting point I would like to make. Part of the pivotal shift that you must consider is **how much more you can receive through acceptance**. You can finally receive the gift of seeing people for who they are without trying to be responsible for them. You can allow yourself to fully express who you are without worry of fear or rejection. You can immediately release all of the undue stress you have created trying to fight the ways of the world and for once in your life begin to relax.

Accepting things as they are does not mean that you cannot impart change. In fact, it is just the opposite. Because you are not fighting what *is*, you have more time and more energy freed up to do what is next. In the *Tao Te Ching, The book of Answers* reminds us that if we act as though everything is for our benefit (even a seemingly misfortunate event), then it will be. Sometimes the universe's delays are blessings in disguise. Keep in mind the more you practice receiving the gift of acceptance, the more your life will expand with patience, ease, and grace. Your work will flow more effortlessly and you will therefore get more done in less time; and more importantly, you will *feel better in the process*.



The Confusion of a physical Universe

The idea that we create our own reality is daunting, to say the least. Why would I create something bad, or make bad things happen to me? I want to encourage you to realize several things that will ease your mind and free you from emotional suffering.

Everything happens slower here.

Are you impatient? Do you drive in the fast lane? Do you sometimes feel like people are just getting in your way? It is very important for you to realize that everything happens slower here. I am quite sure that whatever spiritual realm exists beyond this we can make things happen much faster. Unfortunately, and sometimes fortunately, things do not manifest quite so quickly in this physical universe. I believe that this is actually meant to help us, not hinder us. But this is a tough lesson to learn.

Especially with the personality of a business owner, this is a *huge* confliction for us. We are the go-getters, the people who have made it happen. We know if something needs to be done (or so we have learned) we can do it ourselves. Part of the conflict that arises with being a spiritual leader is that often times there are little or no advisors that we can rely upon. Many times we are left feeling like we 'know more' than those who are supposedly in charge. For that reason, we have taken to making things happen and trying to get things done as quickly as possible—all by ourselves.

I believe that some of us were chosen to come back to this planet and share ideas and concepts that will help move the populous forward. When we tap into that gift, there is even more of a sense of urgency around getting things done. Trust me, I completely understand this feeling and have struggled with it my entire life. As part of our challenge in this lifetime to accept things as they are, try to frequently remind ourselves that everything happens slower here. As long as you are on your path, you are exactly where you are supposed to be.

What you need to know next will present itself to you as a challenge or frustration in your life.

This is a gift. I did not see this until I began to experience the objectivity of working with clients. I would see a challenge, be grateful that it had come into their life, and



know this was the exact lesson they needed to learn at that moment in their life. I'm sure you have seen this with your friends and family, alike.

The hardest thing for us to realize and appreciate is when these conflicts appear in *our own lives*. We are continually evolving human beings. As we grow, we expand, and we change. When we grow, we will be prompted by the Universe (sometimes several times) until we realize that we need to change some aspect of ourselves. This is such a blessing! Imagine if it was never this obvious! We would have to search out how to change? This cycle makes it so easy for us to evolve as humans and to learn and grow! When we are feeling stuck, or suffering, or feeling adversity, THANK GOD! We now know what to change!

The more challenging aspect of this process is to recognize it for what it is. What I mean by this is that often times we get sucked into the drama of an event and waste our time and energy trying to justify who is right and who is wrong. Or, worse, we take on the role of the victim and live in the lost and lonely world of, "*Why is this happening to me?*"

Our test is to discover as quickly as possible that when we are feeling very emotional about an event it is most likely a crucial opportunity to learn, grow, and change. As earlier stated, we do not call suffering or misfortunate events into our lives; we are far more powerful than that. We call in our next opportunity for expansion. What could be cooler than that?!?

Who You Are

There is a distinct difference between *who you think you are* and *who you are authentically*. We still have a seemingly inherent need to identify with our personalities, or egos. The ego is the part of our mind that is opinionated and judges or ranks everything that is happening in our lives. It has also been described as the saboteur (sabotaging our aspiring selves), negative self-talk, or, the judge. It believes that you make choices that are Right or Wrong. You are judged by this voice by being a Success or Failure.

This self-protecting device was I'm sure put into place as a matter of survival, and those that still operate in accordance with their own ego will not fully realize the truth of who they are authentically. The reason for this is there is always a limit or



acceptable boundary to which we think we can grow. Part of learning who we are authentically is learning to let go of our past identifications and of what we are or are not.

What I would challenge you to do is to become more connected with how you feel. There are moments that are going to feel right and resonate with your true self. It may be when you are following your intuition, trusting your guidance, or helping other people. Try to put the judge on the backburner and condition yourself to get better at being in touch with your feelings. These are a better representation of who you really are, and will help you to develop your authentic self.

Who You Are Authentically

Maslow's hierarchy of needs shows us that as we begin to evolve as human beings, we begin to reach a higher state of authenticity. He calls this rung 'Self-Actualization' and defines it as, "the desire for self-fulfillment, namely the tendency for him [the individual] to become actualized in what he is potentially. This tendency might be phrased as **the desire to become more and more what one is, to become everything that one is capable of becoming**" (Maslow, 2006 [Theories of Human Motivation](#)).

Where You Came From

Many believe that part of who we are is attributed to our parents, and that we chose this association before we were born. This may or may not resonate with your upbringing, but I am going to ask you to consider something new. What if you did choose?

What if your vision and mission for this lifetime were so powerful that you knew who your parents would be and how they would shape you? What if they were able to show you who to become, and who not to become? I do not underestimate any of our natural abilities and this idea is a running theme throughout many metaphysical authors.

One thing that I like to point out is more than likely you have gone through a filtration process with your parents. You took in what they taught you, weighed it to determine if it was right for you in the short-term or long-term, and then made decisions based on how you felt. Sometimes your parents may have had views that inherently did not FEEL right to you. Just for fun, take out a piece of paper and try this exercise.



1. Think of your Father. What did he stand for? What does he represent? If you had to come up with a couple of words of who he is, how would you define him?
2. What do you respect about him? If you had to pick one quality that you resonate with more than any other, what would it be?
3. What do you disagree with about his behavior or demeanor? What felt wrong about his ideals growing up?

Try to get these down to one or two word answers, and then write the same things about your mother...

1. Think of your Mother. What did she stand for? What does she represent? If you had to come up with a couple of words of who she is, how would you define her?
2. What do you respect about her? If you had to pick one quality that you resonate with more than any other, what would it be?
3. What do you disagree with about her behavior or demeanor? What felt wrong about her ideals growing up?

Now, somewhere in the middle are your core values, and your purpose. You feel this so strongly at the core of your essence that you have made a lifetime out of proving these aspects right and wrong. If you have completed this exercise, you should have a deeper understanding of who you are, and where you came from and what role your parents had in shaping your views. Next, let's look at where you want to go.

Living on Purpose

What many of us come to realize is that we want to live a life full of purpose. Identifying what that is and how to do that takes a considerable amount of self-exploration. Going within is essential to determining clarity and recognizing how to spend our time here on earth. When we begin this search, we often times do not have a final destination in mind. I want to assure you that this is a normal part of the process- and it is extremely important that we keep showing up and receiving clues. Do



not be surprised in the process if you are prompted to change course, focus on a new talent or skill, or expand in a particular direction you would normally not do.

I do not mean to just "drop everything", but rather to make adjustments and give yourself the flexibility to remake yourself and aspire to new heights. As long as your goals are on track with your overall mission to help others, and you are tapped in to your inner knowing, how can you be off course? Sometimes, as stated before, we are called to expand and grow from our comfort zone in order to obtain the knowledge we need to learn next. This brings me to yet another important topic, your inner knowledge.

Inner Knowing

The more connected we can become with ourselves, the more seriously we take our instinctive promptings. By strengthening this connection, we get closer to knowing our Authentic Self. Imagine that your experience is being shaped by unforeseen experiences that you cannot know your reaction to until the new situations present itself. As you go through these new experiences, you begin to reshape yourself, and become a more focused version of you. I visualize this process as a funnel.

First, we start out rather broad and as time passes, we focus our ideas and our ideals until we become quite clear as to what we want and who we really are. Once this has happened and we have had many life experiences to determine our real calling and true purpose, we begin to land on opportunities that feel right or wrong. Part of our personal evolution is to know when we are beginning to tire from an activity and move on. If a part of our old way of doing business feels tiring or exhausting for you, take some time to determine what areas you are feeling more motivated or inspired. These are your clues and the better you can become at facilitating transitions between activities, the more successful you will become.

In order to get centered and focused on becoming 'tapped in' to our inner knowing, we must first learn to relax. I try to impart this image upon my clients... Imagine a child having a full blown temper tantrum. Is that the best time to try to do anything with that child? Get him or her to make their bed? Start a painting project? Do their homework? Of course not! The first thing that needs to happen is for the child to calm down. We, in our adult lives are in such a constant mode of stress and chaos that



we are many times having emotional temper tantrums all the time—even if it is just in our own heads! We wonder why things are *not happening*; doubt what *is happening*, and want *everything to change*. It is NOT until we begin to calm this proverbial childlike tantrum down that we can actually get new information. Inspired thoughts only come into a calm and relaxed mind. That is why we must learn how to retrain the mind, observe our emotions, and learn how to deeply relax.

Relaxing

You may already be a *seemingly* relaxed person. But I am not talking about the ability to kick off your shoes and hang out on the couch. I am talking about truly, deeply relaxing into this human experience. I am talking about letting go of any and all levels of control. I am talking about wiping away any expectations, timelines, or ideas that you have about making things happen in your life.

Why is this so important to learn?

The quieter you can become, the more information and inspiration you will receive. The mind, or ego, wants to fight this process because it believes that **it is in charge**. The mind wants to 'prove' that it exists and it does so by trying to Make Things Happen. To let go and simply state your intentions and watch things unfold is very hard for the mind to accept. It means that something else is in charge. Namely, something that it cannot even see; something invisible. Blindly accepting faith and letting go of logic is devastatingly challenging for the mind. This is because the mind (personality, ego) is afraid that it will cease to exist. This is much like the struggle that we as humans face with control. If I am not in charge, what will happen to me?

To further explain, I am not promoting just sitting around and doing nothing with your life. This will not make you fall off the face of the earth or cease to produce or be an integral part of society. I am simply asking you to sit still and listen. I have read a myriad of business books, self help books, and spiritual practice books and consistently every single leader points to one trusted practice: meditation.

I recently heard from a friend that praying is the asking part while meditation is the listening. Personally, I have a somewhat open dialog of asking what it is I should do. How is my time best spent now? How can I make the most impact today? I sit quietly and wait. Sometimes the message comes in terms of an image of a person or place.



Other times, I hear my own voice telling me a task "Write Your Book", or something similar. But many times I will sit, quietly and process a feeling or emotion that I have been struggling and ask for a miracle to clear any tension from my body or mind, or even history of whatever this emotion is being triggered by. Sometimes I get indicators that things are happening by a visual or physical tremor. Maybe you have experienced something similar to this in your own quiet time.

In each case, I end my meditation with a sense of clarity and knowing that what I am doing is the best place for me to spend my time. This did not come overnight! In fact, these practices have only come my way by practicing the business methodology that I teach so that I even have enough time to let these moments happen. I am learning to observe myself and feel when I am grasping for control, overwhelmed by emotions, or struggling with what is. For these times, I try to re-center by taking better care of myself. I do this through breathing, exercise (slow movement like tai chi or walking), or by finding some way to reconnect with the divine. I am sure that at some point people can master the gap between feeling godly and savage and find stillness faster and get back on the enlightened path. I continue to aspire towards pure mind, body and spirit and I am quite sure that all of these come back to having a standard practice rooted in connecting with Universal Wisdom.

While I continue to learn about life and connect with my higher self, I become increasingly humbled. I feel very fortunate and grateful to have the time to meditate, contemplate, and write. And most of what I feel I am here to do is to observe this process, witness my own resistance to surrendering, and share my insights with others.

Sharing

Once we have determined what it is we are here to do, we become focused on sharing it with the world. As previously mentioned, there may be many forms of how we choose to do this. We may be prompted to work with individuals, or groups, or we may find over time that the groups that we gravitate towards are becoming clearer and focused, like us. This has been my experience thus far. Finding an ideal niche is helpful when we are looking to expand awareness to a particular group. This will help because you eventually learn that the group you are resonating with is much like you. You have similar characteristics to your market as they do to you and you will be increasingly comfortable with them. This is a wonderful sign that you are on your right path. Once



you have experienced this locally, a time will come when you want to expand your reach and fulfill your destiny on a global level.

Thankfully, due to the internet, this has all become very possible. You can have a national or global presence as easily as getting a URL. My experience has been that when you have begun to identify yourself and your target market, your niche becomes clear and your material is spot on. You will then get focused on creating a plan of Something for Everyone (a layered system that involves layering your information to help clients or potential clients at whatever level they are at). When you expand to this platform, you are opening the door to new possibilities. Your sharing becomes one of a greater scale, and your expansion becomes even more possible.

Organizing information in this stage may feel like an overwhelming or daunting task. Approaching technology like blogs, social networking, and creating information products is a learning curve in and of itself. By creating information products, utilizing technology like tele-classes, eBooks, blogs, or video you are expanding the impact you have and sharing information on a greater level. The key to this process is to be able to maintain integrity while showing people who you really are. I recommend giving first in each opportunity so that the learner may first establish trust.

Believing

All of these steps we have discussed so far come down to believing. First, we must believe that we have a valid idea in order to even put it out there. Next, it is the belief that people will need our ideas as well as our services. We are then wondering if the people that do need our help will believe that we can truly help them, and then we must believing that we can earn a living this way! As if there aren't enough hurdles already, we have to continually believe that we will make it through our own learning process and that we are listening to our own guidance enough to trust that it is right. We need to accept whatever new truths come to us in meditation, and believe in taking even more action towards the unknown. Beyond that, we have to believe that there is a bigger audience out there and believe that we can create something for them even if we never even meet us in person. *Unbelievable!*

Trust becomes the cornerstone for our own personal evolution. There is no real reason why we have to believe any of this. We could, after all, always just go back to



conventional tactics and GAJ (get a job). But, beyond normal logic and reason and somewhere in the core of our beings we know that we cannot turn back. I have been broke, downsized, and put things on credit- all the while my logical brain is kicking and screaming, and yet, I continue to keep going, keep putting myself out there beyond a reasonable doubt. I commend you on doing the same.

In times of believing that require our eternal trust, I try to remind myself that some of the best ideas originally seemed crazy. The airplane was an outlandish and laughable idea at the time. But with belief, trust, and perseverance great ideas *can* take flight.

Receiving

In this process, it is natural to question our own self-worth. Not just are we worthy or are we disserving, but how much is it even appropriate to charge for services that are spiritual? I have struggled with this throughout the duration of my business. Before I opened my practice, I went to lunch with several people that were in the industry. I quickly came to find out that it was standard for beginning coaches or consultants to charge up to \$500 a month for services. This seemed outrageous to me even though I have spend over ten years amassing the information, degrees, and skill set for this career. I soon learned that many people in my field were making several thousands of dollars each month and even pulling in six to seven figures a year. All for just simply helping people!

By looking at what I do as simply helping someone, I was undermining my skill set. It is easy for me to take in the big picture and identify what needs to happen next. But that is not easy for everyone! Also, it is almost impossible for people to remain objective to their own life experience, and they are often so conditioned by their upbringing and by society that they are not even aware of the opportunities that surround them. I first needed to change my idea of what I was doing in order to see the value in my services. I am helping my clients to realize their true calling and move forward in trusting their talents and sharing information to help change the world. I am helping people to relax, trust in the universe, and live their true calling. In essence, I am offering people a whole new life. What is the price of that?

I encourage you to spend some time now, looking at your skills that you may take for granted. These may be skills that are overlooked because you have been doing them



for so long. You are blind to your own talents and are easily missing opportunities just by the simple thought of "Oh, everyone knows how to do that". Or, on the flip-side, you may feel that you are still learning how to do something and you have not mastered something *enough* to be considered an expert. There are many things that you know and have a deep understanding of and these talents are going to take you to the next level of self-actualization and to the next level in your business.

It is Now time to tap into these talents and open yourself to the floodgates of receiving information, knowledge, awareness, and wealth. By tapping into this focused quiet time and learning to share the skills with others, you are creating more space for the best to come in!

Universal Support

When the best comes in, it is through the Universe. We know we are receiving this help and assistance when our lives flow with seemingly effortless serendipity. We float from one task to the next without resistance. We no longer choose to waste time on worry. We tap in, get what information we need, say our thanks and express our gratitude through taking action on what information is presented to us.

We live in an abundant universe that wants us to succeed! We have access to information if we can just calm down long enough to get it. Everything we need is here at our fingertips and the Universe has bought us all kinds of gifts in the form of others that are ready to help us right now. All we have to do is ask. Then sit, and listen. Then do. And eventually, we can get to the level of just being.

Being, Not Doing

I recently read that we have become "human-doings" instead of "human beings". I laughed out loud. Part of our universal challenge is to focus on being the person we want to show others how to become. Eventually, in our process, it becomes time to stop doing and just become.

We become our authentic-self. We become our teaching. We become relaxed. We become peaceful. We become happy. We become love. It is my hope for you that you can receive all of these gifts in your lifetime. It is my hope that you can become *Spiritually Rich*.



Thank you SO Much for reading. I have included some posts below that have to do with the topics discussed in this eBook. Please feel free to be in contact with me and continue the dialog about these important topics! I'm happy to help and really enjoy getting to know my readers.

[Lifestyle Design: How to Stay Present During Change](#)

[Lifestyle Design: How to Stay Motivated When You are in Business for Yourself](#)

[Going Global: How To Run a Location Independent Business](#)

[Lifestyle Design: Trusting Your Intuition and Going on Faith](#)

[Going Global: Downsizing Your Stuff and Rightsizing Your Life](#)

[Lifestyle Design: Walking Your Path](#)

[Finding Yourself in Remote Locations](#)

Be in touch if you would like to schedule a [complementary one hour consultation!](#)
Email me at brooke@businessbackpacker.com to set it up today!!